



## RSE Coverage Map

✓ Cyclical: Pupils revisit the five key areas throughout KS1 and KS2.

✓ Increasing depth: Each time a key area is revisited, it is covered with greater depth and increasing maturity.

✓ Prior knowledge: Upon returning to each key area, prior knowledge is utilised so pupils can build on previous foundations.

The RSE curriculum is taught within the PSHCE Curriculum and will appear throughout the year within some sessions.

Each year we will have a designated week where the RSE curriculum will be taught by staff.

We will use the Kapow Lessons Plans, Big Talk Resources.

During this week the children will need to be taught in their separate year groups.

There is no need to separate boys and girls for these sessions.

Cycle 1 & 2	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6	
FS	Pupils learn that they belong to different kinds of groups and their roles within these groups						
	Pupils learn to identify people who are special to them						
	Pupils learn about people in the community who help them and what they do						
	Pupils learn about the similarities and differences between people						
	Pupils learn about how someone might feel if they are different from others around them						
	Pupils learn to explore how they change as they grow up						
	Pupils learn about friendship and how to be a good friend						
	Pupils learn about families and how family members care for each other						
	Pupils learn how emotions affect us						
	Pupils learn about being scared and keeping safe						
	Pupils learn who can help them and who to ask for help						
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	Pupils learn about being						
	Pupils learn who can hel			-t			
Voora	Pupils learn to understa	•		• •	ifa avala		
Year 2				nals and their role in the li	ire-cycle		
	Pupils learn the biologic	ai uiiierences between	maie and remaie childre	II.			





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	Pupils learn about growing from young to old and that they are growing and changing				
	Pupils learn that everybody needs to be cared for and ways that they can care for others				
	Pupils learn about different types of family and the ways their home-life is special				
	Pupils learn about the way they grow and change throughout the human life cycle				
Year	Pupils learn about the physical changes associated with puberty				
	Pupils learn to recognise their own worth as individuals and to challenge stereotyping.				
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Year	Pupils learn about the physical changes associated with puberty				
	Pupils learn to recognise their own worth as individuals and to challenge stereotyping				
	Pupils learn about the way we grow and change throughout the human life-cycle				
	Pupils learn about the physical changes associated with puberty				
	Pupils learn about menstruation and wet dreams				
Year	Pupils learn about the impact of puberty on physical hygiene and develop strategies for managing this				
	Pupils learn how puberty effects emotions and behaviour and strategies for dealing with the changes associated with puberty				
	Pupils learn strategies to deal with feelings in the context of relationships				
	Pupils learn to answer questions about puberty with confidence and to seek support and advice when they need it				
	Pupils learn about the changes that occur during puberty				
	Pupils learn about human reproduction in the context of the human life-cyclePupils learn how a baby is made and grows (conception and				
	pregnancy)				
	Pupils learn to explore some common myths and misconceptions about who HIV affects and how it can and cannot be transmitted				
Year	Pupils learn the risk of transmitting HIV during sexual intercourse can be reduced if a condom is used				
	Pupils learn that contraception can be used to stop a baby from being conceived				
	Pupils learn about when and why we should talk about our problems.				
	Why we have rules and law in society				
	Female GenitalMutilation (FGM) is and why it is illegal.				
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