

epa epworth primary



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Turkey Meatballs in a Rich Tomato Sauce	Traditional Beef Lasagna	Roast Pork with Potatoes and Gravy	Chicken and Leek Pie	Fishfingers and Chips
Vegetarian Main Meal	Cauliflower and Broccoli Bake	Quorn Lasagna	Vegan Sausage Puff	Mexican Bean Wrap	Cheese and Tomato Pinwheel with Chips
Seasonal Vegetable	Garden Peas	Sweetcorn & Salad	Veg Medley	Carrots and New potatoes	Baked Beans
Jacket Potatoes	Cheese, Baked Beans or Tuna Mayo	Cheese, Baked Beans or Tuna Mayo	Cheese, Baked Beans or Tuna Mayo	Cheese, Baked Beans or Tuna Mayo	Cheese, Baked Beans or Tuna Mayo
Pick and Mix	Ham or Cheese Sandwich	Turkey or Tuna Sandwich	Chicken or Egg Mayo Sandwich	Ham or Cheese sandwich	Tikka mayo or Cheese and Tomato sandwich
Pudding	Shortbread and Yoghurt	Hot Chocolate Fudge Cake	Fruit Yoghurt	Mixed Fruit Crumble & Custard	Fruity Flapjack with Custard