0 epworth


\begin{tabular}{|c|c|c|c|c|c|}
\hline Week 1 \& Monday \& Tuesday \& Wednesday \& Thursday \& Friday \\
\hline Main Meal \& Savory Mince and Yorkshire Pudding \& Mash \& Ham and Cheese Quiche \& Roast Gammon with Potatoes and Gravy \& One Pot Korma Curry with 50/50 Rice \& Fish and Chips \\
\hline \begin{tabular}{l}
Vegetarian \\
Main Meal
\end{tabular} \& Pomodoro Pasta with Garlic Bread OO \& Vegetable Fajita Seasoned Burrito \& Cheesy Leek and Carrot Crunch ○○ \& \begin{tabular}{l}
Crunchy \\
Garden \\
Burger \& \\
Wedges

\end{tabular} \& Quorn Nuggets with Chips

00 \\

\hline | Seasonal |
| :--- |
| Vegetable | \& Peas and Sweetcorn \& | New |
| :--- |
| Potatoes and Garden Salad | \& Veg Medley \& Garden Peas \& Baked Beans \\


\hline | Jacket |
| :--- |
| Potatoes |
| Various |
| Allergies | \& Cheese, Baked Beans or Tuna Mayo \& Cheese, Baked Beans or Tuna Mayo \& Cheese, Baked Beans or Tuna Mayo \& Cheese, Baked Beans or Tuna Mayo \& Cheese, Baked Beans or Tuna Mayo \\

\hline
\end{tabular}

| Pick and <br> Mix <br> Various <br> Allergies | Ham or Cheese Sandwich | Turkey or Tuna Sandwich | Chicken or <br> Egg Mayo Sandwich | Ham or Cheese sandwich | Tikka mayo or Cheese and Tomato sandwich |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Pudding | Fruit Cocktail and Ice Cream | Angel Sparkle Cake $\bigcirc$ | Fruit Yoghurt and Jelly | Banana and Choc Chip Cake with Custard | Chocolate Muffin and Milkshake |

\begin{tabular}{|c|c|c|c|c|c|}
\hline \begin{tabular}{l}
Pick and \\
Mix \\
Various \\
Allergies
\end{tabular} \& Ham or Cheese Sandwich \& Tuna Sandwich or Cheese Salad Wrap \& Chicken or Egg Mayo Sandwich \& Ham or Cheese sandwich \& Tikka mayo or Cheese and Tomato sandwich \\
\hline Pudding \& Strawberry Mousse \& Chocolate Orange Sponge \& Custard

○ \& Fruit Yoghurt and Jelly \& Jam Sponge \& Custard \& Banana, Honey \& Oat Cookies \& Milkshake \\
\hline
\end{tabular}

| Pick and <br> Mix <br> Various <br> Allergies | Ham or <br> Cheese <br> Sandwich | Tuna <br> Sandwich <br> or Cheese <br> Salad Wrap | Chicken or <br> Egg Mayo <br> Sandwich | Ham or <br> Cheese <br> sandwich | Tikka mayo <br> or Cheese <br> and <br> Tomato |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Pudding | Peaches \& Ice <br> Cream | Treacle <br>  <br> Sandwich |  |  |  |

